

HELP US CONTINUE THIS WORK

How to Participate

Yes, I want to partner with Red Bird Foundation.
I want to continue bringing healing and hope to the world.
Every gift matters.

My Gift _____ (payable to Red Bird Foundation)

Name _____

Address _____

City/State/Zip _____

*Email _____
Please be sure we have your email address. You can "subscribe" online.

Phone _____

Return to:

Red Bird Foundation
6308 Abilene Trail
Austin, TX 78749

Your contribution is tax-deductible. We are a 501 (c) 3 organization.

You can make a donation online with Paypal. Make a one time donation,
or set up a monthly recurring donation charged to your credit card.

Go to www.redbirdfoundation.com
and click on "Donate"

For Paula's books and Schedule of Events: www.redbirdfoundation.com



6308 ABILENE TRAIL
AUSTIN, TX 78749



RED BIRD FOUNDATION
REACHING HEARTS · RESTORING HOPE

THOUGHTS FROM PAULA'S JOURNAL



I've been thinking about the early beginnings of Red Bird Foundation, and how we set our intention to be an organization who tends the invisible needs and healing of the human heart. I notice how even in this year when our "in person" work has shifted to Zoom and online retreats, this intention hasn't wavered. In my Inbox yesterday morning was a single spaced three and a half page email from a woman in Africa. The first two pages were her heart's cry, her story of abuse and trauma and the words, "I am so broken."

Attached to the email was an illustration she'd drawn of herself as a tree rising from roots buried in the earth, with spring shoots arising from her wounds. Her opening contemplation of this beautiful picture begins, "The dry twig is alive, the life is hidden." It is increasingly clear that we must open to each other in new ways, discovering together that the dry twig is alive, and it is ours to water with our lives and hearts.

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In these long months of pandemic we have been witness to many things needing our care and protection – things that must change. To name just two, there is the deep suffering caused by racial injustice, and the irreversible damage already done to the Earth, our home. Everywhere is evidence of the heartbreaking cost of our silence and inaction. A greater love reaches through these experiences with a great invitation for us to wake up from our slumber. There is so much change needed, and so much to heal.

MINISTERING THROUGH THE PANDEMIC

It's increasingly clear that we belong not only to our families, friends and communities, but to the world. Thanks to you, we've continued to reach out in these ways:

Shipping books (especially on grief) to places of need.

Providing scholarships for those without resources to attend virtual events.

Scholarship support for WomenRISING, chaired by RBF Board Member Khris Ford...a virtual two day conference to bring education and encouragement during these days of quarantine and anxiety.

Sponsoring virtual writing retreats and talks.

Co-sponsorship of an online two hour event with Austin based non-profits Eremos and Conspirare to offer a time of healing through story telling and song.

Donations to help local efforts to support the Food Bank and offer relief to those in desperate need.

What will we say
of this time,
in the **FUTURE?**
Will we have
LISTENED?

FROM OUR BOARD OF DIRECTORS

From Beth D'Arcy: As Chairman of the Board, I am aware of the many places, both in cities and rural locations, that long to offer retreats. I know how many areas need help with grief and loss – but there simply aren't resources to make it happen. And I understand what it means, because of the ongoing donations of all sizes made to RBF, to be able to say to a small town, to a group of people in recovery, or to women who've been homeless and are trying to get on their feet... Yes, we can help.

We are so grateful for the large donations we receive. They help to sustain us. But I am also aware of how many donations are very small, often accompanied by a note which says, I'm afraid this doesn't amount to much. But what I know and understand is that enough small donations, when added together, have often equaled an airfare to send Paula to a place in need. Small donations, added together, equal books we can send, free of charge, to help others with their healing. They equal scholarships for people to attend retreats. They equal hope.



Participants from a NC Circle, 2018

If we take
RESPONSIBILITY
for the world into
our **HEARTS**, how
might we live?

Honor someone you love or make a memorial gift.

If you go online you can now arrange to have a monthly, sustaining gift charged to your credit card. We will also send cards acknowledging a donation in honor or memory of those you love.

RED BIRD FOUNDATION

In 2001 Red Bird Foundation was founded with a vision of creating learning opportunities and supporting spiritual growth for people in need throughout the world.